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Description automatically generated**Musquodoboit Valley Family Resource Centre**

**How To Talk So Kids Will Listen**

**&**

**Listen So Kids Will Talk**

**A parent education program focusing on social – emotional well being and discipline within a family atmosphere of love and respect.**

**Wednesdays 10:00 – 11:30 am**

**6 sessions - Feb. 1 to March 8, 2023**

**Please call 902-568-0042 to register.**